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CLASS 11

Home Science

Sample Paper 3 - Questions

32 questions | 70 marks | 2026-27

Time: 3 hours. Answer all questions and subparts unless a choice is stated. Marks are shown on the right. Write answers on separate sheets. Independently prepared practice paper.

Section A - Objective questions

1. Which statement correctly describes Material resource? **1**

(A) Growth and learning occur through interacting biological and environmental influences.

(B) Physical goods and money help meet needs.

(C) Beliefs and descriptions contribute to an individual's understanding of self.

(D) An interdisciplinary field studies human development, resources and everyday living.

2. Identify the term described by this statement: Goals guide planning, use and evaluation of available resources. **1**

(A) Body image

(B) Personal hygiene

(C) Resource management

(D) Child development

3. Which statement correctly describes Communication? **1**

(A) A person's perceptions and feelings concern their own body.

(B) Beliefs and descriptions contribute to an individual's understanding of self.

(C) People exchange meanings through verbal and nonverbal forms.

(D) People of similar age or status affect one another's choices.

4. Identify the term described by this statement: People of similar age or status affect one another's choices. **1**

(A) Communication
(B) Self-concept
(C) Peer influence
(D) Resource management

5. Identify the term described by this statement: A person's perceptions and feelings concern their own body. **1**

(A) Peer influence
(B) Material resource
(C) Body image
(D) Child development

6. Identify the term described by this statement: Growth and learning occur through interacting biological and environmental influences. **1**

(A) Resource management
(B) Material resource
(C) Personal hygiene
(D) Child development

7. Identify the term described by this statement: A developmental stage includes physical, emotional and social changes. **1**

(A) Adolescence
(B) Food hygiene
(C) Human resource
(D) Peer influence

8. Which statement correctly describes Human resource? **1**

(A) Abilities, knowledge, time and energy help achieve goals.
(B) Practices reduce contamination and support safe food handling.
(C) Everyday care practices support health and cleanliness.
(D) People assess information, needs and alternatives before purchasing.

9. Which statement correctly describes Financial planning? 1

(A) People of similar age or status affect one another's choices.

(B) People assess information, needs and alternatives before purchasing.

(C) Income, spending and saving are organised toward goals.

(D) Relationships provide care, guidance and practical assistance.

10. Which statement correctly describes Food hygiene? 1

(A) People of similar age or status affect one another's choices.

(B) Practices reduce contamination and support safe food handling.

(C) An interdisciplinary field studies human development, resources and everyday living.

(D) A developmental stage includes physical, emotional and social changes.

11. Which statement correctly describes Balanced nutrition? 1

(A) Food intake meets needs through suitable variety and amounts.

(B) Abilities, knowledge, time and energy help achieve goals.

(C) Beliefs and descriptions contribute to an individual's understanding of self.

(D) Practices reduce contamination and support safe food handling.

12. Identify the term described by this statement: An interdisciplinary field studies human development, resources and everyday living. 1

(A) Communication

(B) Balanced nutrition

(C) Material resource

(D) Home Science

13. Identify the term described by this statement: Relationships provide care, guidance and practical assistance. 1

(A) Family support

(B) Consumer awareness

(C) Human resource

(D) Self-concept

14. Identify the term described by this statement: Beliefs and descriptions contribute to an individual's understanding of self. 1

(A) Human resource
(B) Self-concept
(C) Home Science
(D) Resource management

Section B - Short responses

15. Explain how the following example illustrates Consumer awareness: A buyer compares labels and checks suitability rather than relying only on advertising. 2

16. Compare Personal hygiene and Food hygiene. Give the meaning and an appropriate application of each. 2

17. Compare Human resource and Financial planning. Give the meaning and an appropriate application of each. 2

18. Explain how the following example illustrates Resource management: A family allocates time and money for a shared activity. 2

19. Explain how the following example illustrates Material resource: A family plans how to use available equipment and funds. 2

20. Compare Food hygiene and Personal hygiene. Give the meaning and an appropriate application of each. 2

21. Explain how the following example illustrates Body image: Media messages influence how an adolescent evaluates appearance. 2

Section C - Short responses

22. Explain how the following example illustrates Balanced nutrition: A meal plan draws on varied food groups. 3

23. Explain how the following example illustrates Personal hygiene: A routine includes handwashing at relevant times. 3

24. Compare Communication and Home Science. Give the meaning and an appropriate application of each. 3

25. Compare Financial planning and Human resource. Give the meaning and an appropriate application of each. 3

Section D - Short responses

26. Explain how the following example illustrates Self-concept: A young person describes their abilities, interests and roles. 4

27. Explain how the following example illustrates Peer influence: Friends encourage or discourage a particular activity. 4

28. Compare Home Science and Resource management. Give the meaning and an appropriate application of each. 4

29. Compare Family support and Resource management. Give the meaning and an appropriate application of each. 4

30. Explain how the following example illustrates Child development: Play and responsive interaction support early learning. 4

Section E - Extended responses

31. (a) Explain Consumer awareness and analyse this application: A buyer compares labels and checks suitability rather than relying only on advertising.
(b) Explain Resource management and show how this second application fits it: A family allocates time and money for a shared activity. 5

32. (a) Explain Adolescence and analyse this application: A learner negotiates growing independence and changing responsibilities. **5**

(b) Explain Self-concept and show how this second application fits it: A young person describes their abilities, interests and roles.

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