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CLASS 11

Home Science

Sample Paper 4 - Questions

32 questions | 70 marks | 2026-27

Time: 3 hours. Answer all questions and subparts unless a choice is stated. Marks are shown on the right. Write answers on separate sheets. Independently prepared practice paper.

Section A - Objective questions

1. Which statement correctly describes Communication? **1**

(A) Relationships provide care, guidance and practical assistance.

(B) Goals guide planning, use and evaluation of available resources.

(C) People assess information, needs and alternatives before purchasing.

(D) People exchange meanings through verbal and nonverbal forms.

2. Which concept is illustrated in this example? A learner negotiates growing independence and changing responsibilities. **1**

(A) Human resource

(B) Adolescence

(C) Self-concept

(D) Material resource

3. Which concept is illustrated in this example? A young person describes their abilities, interests and roles. **1**

(A) Material resource

(B) Balanced nutrition

(C) Self-concept

(D) Home Science

4. Which statement correctly describes Personal hygiene? **1**

(A) A developmental stage includes physical, emotional and social changes.

(B) Abilities, knowledge, time and energy help achieve goals.

(C) People assess information, needs and alternatives before purchasing.

(D) Everyday care practices support health and cleanliness.

5. Which statement correctly describes Financial planning? **1**

(A) Growth and learning occur through interacting biological and environmental influences.

(B) Beliefs and descriptions contribute to an individual's understanding of self.

(C) An interdisciplinary field studies human development, resources and everyday living.

(D) Income, spending and saving are organised toward goals.

6. Which statement correctly describes Resource management? **1**

(A) Goals guide planning, use and evaluation of available resources.

(B) Food intake meets needs through suitable variety and amounts.

(C) A person's perceptions and feelings concern their own body.

(D) Practices reduce contamination and support safe food handling.

7. Which concept is illustrated in this example? Members share responsibilities during a difficult period. **1**

(A) Self-concept

(B) Family support

(C) Food hygiene

(D) Communication

8. Which statement correctly describes Balanced nutrition? **1**

(A) People of similar age or status affect one another's choices.

(B) Food intake meets needs through suitable variety and amounts.

(C) People assess information, needs and alternatives before purchasing.

(D) People exchange meanings through verbal and nonverbal forms.

9. Which statement correctly describes Home Science? **1**

(A) Food intake meets needs through suitable variety and amounts.

(B) An interdisciplinary field studies human development, resources and everyday living.

(C) Income, spending and saving are organised toward goals.

(D) Abilities, knowledge, time and energy help achieve goals.

10. Which statement correctly describes Child development? **1**

(A) Everyday care practices support health and cleanliness.

(B) Growth and learning occur through interacting biological and environmental influences.

(C) A developmental stage includes physical, emotional and social changes.

(D) Practices reduce contamination and support safe food handling.

11. Which statement correctly describes Body image? **1**

(A) A person's perceptions and feelings concern their own body.

(B) People of similar age or status affect one another's choices.

(C) Food intake meets needs through suitable variety and amounts.

(D) Everyday care practices support health and cleanliness.

12. Which concept is illustrated in this example? A family plans how to use available equipment and funds. **1**

(A) Home Science

(B) Material resource

(C) Communication

(D) Balanced nutrition

13. Which concept is illustrated in this example? Clean utensils and appropriate storage protect prepared food. **1**

(A) Resource management

(B) Food hygiene

(C) Home Science

(D) Self-concept

14. Which concept is illustrated in this example? Friends encourage or discourage a particular activity. 1
(A) Family support
(B) Consumer awareness
(C) Financial planning
(D) Peer influence

Section B - Short responses

15. Compare Consumer awareness and Material resource. Give the meaning and an appropriate application of each. 2

16. State the meaning of Human resource. Identify a relevant feature in this situation: A household uses members' skills to organise a celebration. 2

17. State the meaning of Home Science. Identify a relevant feature in this situation: A project connects nutrition, family needs and resource management. 2

18. State the meaning of Child development. Identify a relevant feature in this situation: Play and responsive interaction support early learning. 2

19. Compare Financial planning and Home Science. Give the meaning and an appropriate application of each. 2

20. Compare Self-concept and Body image. Give the meaning and an appropriate application of each. 2

21. State the meaning of Resource management. Identify a relevant feature in this situation: A family allocates time and money for a shared activity. 2

Section C - Short responses

22. State the meaning of Communication. Identify a relevant feature in this situation: A family discusses a decision and listens to different views. 3

23. State the meaning of Body image. Identify a relevant feature in this situation: Media messages influence how an adolescent evaluates appearance. **3**

24. State the meaning of Material resource. Identify a relevant feature in this situation: A family plans how to use available equipment and funds. **3**

25. Compare Adolescence and Body image. Give the meaning and an appropriate application of each. **3**

Section D - Short responses

26. Compare Family support and Material resource. Give the meaning and an appropriate application of each. **4**

27. State the meaning of Personal hygiene. Identify a relevant feature in this situation: A routine includes handwashing at relevant times. **4**

28. State the meaning of Balanced nutrition. Identify a relevant feature in this situation: A meal plan draws on varied food groups. **4**

29. State the meaning of Food hygiene. Identify a relevant feature in this situation: Clean utensils and appropriate storage protect prepared food. **4**

30. Compare Peer influence and Self-concept. Give the meaning and an appropriate application of each. **4**

Section E - Extended responses

31. (a) Explain Human resource and analyse this application: A household uses members' skills to organise a celebration. **5**
(b) Explain Resource management and show how this second application fits it: A family allocates time and money for a shared activity.

32. (a) Explain Consumer awareness and analyse this application: A buyer compares labels and checks suitability rather than relying only on advertising. **5**

(b) Explain Material resource and show how this second application fits it: A family plans how to use available equipment and funds.

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