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CLASS 12

Psychology

Chapterwise Important Questions

7 sections | 28 original questions | 2026-27

Read each chapter, attempt the questions, and support explanations with working or textbook evidence.

Choose a chapter or topic

Psychology	
Chapter 1	Variations in Psychological Attributes
Chapter 2	Self and Personality
Chapter 3	Meeting Life Challenges
Chapter 4	Psychological Disorders
Chapter 5	Therapeutic Approaches
Chapter 6	Attitude and Social Cognition
Chapter 7	Social Influence and Group Processes

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CHAPTER 1

Variations in Psychological Attributes

Psychology

1. Distinguish intelligence, aptitude and interest.
2. Explain why a test result should be interpreted with reference to its purpose and norms.
3. Compare psychometric and information-processing approaches to intelligence.
4. How can cultural context affect the identification and assessment of an ability?

CHAPTER 2

Self and Personality

Psychology

1. Distinguish self-concept from self-esteem.
2. Compare a trait approach with a psychodynamic approach.
3. Explain how behaviour can reflect both personal tendencies and situations.
4. Why should personality assessment use appropriate methods rather than a single casual observation?

CHAPTER 3

Meeting Life Challenges

Psychology

1. Distinguish a stressor from a stress response.
2. Explain problem-focused and emotion-focused coping.
3. Describe how social support can affect the experience of stress.

4. Why might a coping method be helpful in one situation but unsuitable in another?

CHAPTER 4

Psychological Disorders

Psychology

1. Distinguish ordinary temporary distress from a pattern requiring careful professional assessment.
2. Explain why duration, impairment and context matter in understanding psychological difficulty.
3. Compare broad features of anxiety-related and mood-related problems at a conceptual level.
4. Discuss why respectful language and evidence are important when talking about psychological disorders.

CHAPTER 5

Therapeutic Approaches

Psychology

1. Compare behavioural and cognitive approaches to therapy.
2. Explain the role of a therapeutic relationship.
3. Why are informed consent and confidentiality important?
4. Discuss how rehabilitation may involve social and practical support as well as symptom-focused care.

CHAPTER 6

Attitude and Social Cognition

Psychology

1. Distinguish the cognitive, affective and behavioural components of an attitude.
2. Explain how an attitude can be learned through experience.
3. Describe a factor that may influence attitude change.
4. How can stereotyping affect interpretation of another person's behaviour?

CHAPTER 7

Social Influence and Group Processes

Psychology

1. Compare conformity, compliance and obedience.
2. Explain the distinction between a group and a mere collection of individuals.
3. Describe how group cohesion can support performance but also discourage disagreement.
4. Why can a person's behaviour change when acting as part of a group?

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