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Exploring Digital Health Applications

Experiment 13 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To assess an assigned health tool's purpose, information and privacy features.

Principle

Digital health includes educational, administrative, wellness and clinical functions. The intended function and evidence matter more than an attractive interface or app-store availability.

Requirements

- Instructor-selected demonstration app or screenshots and its official information/privacy statements.
- Assessment worksheet; no personal health entry or purchase required.

Procedure

1. Identify purpose

State the claimed function and intended users. Separate education/reminders from diagnosis or treatment decisions.

2. Check provenance

Record developer, version/date, information sources and update process from official materials.

3. Review evidence

Find support for the stated function and any relevant verified authorisation in the applicable jurisdiction. Do not assume store listing proves clinical validation.

4. Review privacy

Identify what data is requested, why it is needed, sharing/retention terms and permission controls.

5. Try dummy workflow

Use only a permitted demonstration or dummy record. Check error messages, accessibility and how a user reaches professional help.

6. Conclude

List supported uses, uncertain claims and questions needing professional review. The class exercise is not an endorsement or patient-specific recommendation.

Fundamentals of Computer Operations

Observations and Record

Assessment area	Observed evidence	Limitation / question
Purpose / developer / version	_____	_____
Evidence / information updates	_____	_____
Data / permissions / usability	_____	_____

Worked Example

The numbers below are illustrative; enter your own observations in the record.

- A reminder tool may help organise a supplied plan, but a reminder feature alone does not validate a separate diagnostic claim. Evaluate each function on its own evidence.

Result

Save the completed practice work with a clear name, reopen it to verify the result and record the checks performed. Submit only through the instructor-approved destination.

Precautions

- Use dummy academic data and a dedicated practice folder; do not edit production pharmacy records or use real patient information.
- Check the actual application/version and local settings. Menu names and formula separators can vary between programs.
- Keep an editable copy and verify the saved/exported file rather than relying only on the on-screen appearance.

Viva Questions and Answers

1. Does app-store availability prove clinical accuracy?

No.

2. Why review each function?

A tool can combine educational and higher-risk functions with different evidence needs.

3. Why use dummy data?

It avoids unnecessary disclosure during a learning exercise.

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