First Aid for Snakebite

Experiment 12 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To recognise a snakebite scenario and demonstrate the first response.

Principle

First aid prioritises scene safety, airway and breathing, prevention of further harm and timely transfer to qualified care.

Key Points

- Keep the person still, reassure, immobilise the affected limb and arrange urgent transfer.
- Do not cut, suck, ice or apply a tight tourniquet; do not try to capture the snake.
- Airway or breathing problems and deterioration need immediate emergency support.

Practice Scenario

Fictional role-play case: A person reports a possible snakebite while walking outdoors.

Activity Procedure

1. Recognise

Identify the scenario and immediate hazards.

2. Activate

Arrange the appropriate emergency or urgent referral and explain the concern.

3. Demonstrate

Keep the person still, reassure, immobilise the affected limb and arrange urgent transfer.

4. Handover

Give the event time, symptoms, actions and available product or exposure information.

Record and Observations

Field	Activity record
Event / time	_____
Immediate action	_____
Actions avoided	_____
Referral / handover	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use a mannequin or role play for demonstrations.
- Do not attempt definitive medical treatment during the student exercise.

Viva Questions and Answers

1. What is the first priority?

Rescuer and scene safety, followed by immediate life threats.

2. What action should be avoided?

Do not cut, suck, ice or apply a tight tourniquet; do not try to capture the snake.

3. Why document time?

It helps the receiving team interpret the event and treatment needs.

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