# First Aid for Epileptic Seizure

Experiment 17 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

## Aim

To recognise a epileptic seizure scenario and demonstrate the first response.

## Principle

First aid prioritises scene safety, airway and breathing, prevention of further harm and timely transfer to qualified care.

## Key Points

- Clear hazards, cushion the head, time the event and stay with the person; after jerking stops, check breathing and use the recovery position when appropriate.
- Do not restrain the person or put objects, food or drink in the mouth.
- Emergency help is needed for a prolonged seizure around 5 minutes, repeated seizures without recovery, breathing difficulty, injury or a first seizure.

## Practice Scenario

Fictional role-play case: A person has a convulsive seizure in a public area.

## Activity Procedure

### 1. Recognise

Identify the scenario and immediate hazards.

### 2. Activate

Arrange the appropriate emergency or urgent referral and explain the concern.

### 3. Demonstrate

Clear hazards, cushion the head, time the event and stay with the person; after jerking stops, check breathing and use the recovery position when appropriate.

### 4. Handover

Give the event time, symptoms, actions and available product or exposure information.

## Record and Observations

| Field | Activity record |
|---|---|
| Event / time | _____ |
| Immediate action | _____ |
| Actions avoided | _____ |
| Referral / handover | _____ |

## Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

## Precautions

- Use a mannequin or role play for demonstrations.
- Do not attempt definitive medical treatment during the student exercise.

## Viva Questions and Answers

### 1. What is the first priority?

Rescuer and scene safety, followed by immediate life threats.

### 2. What action should be avoided?

Do not restrain the person or put objects, food or drink in the mouth.

### 3. Why document time?

It helps the receiving team interpret the event and treatment needs.

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