Reproductive and Child Health

Experiment 3 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To explain key reproductive, maternal and child-health services.

Principle

Continuity of care links preconception, antenatal, delivery, postnatal and child-health services.

Key Points

- Respect privacy, informed choice and non-judgmental communication.
- Link nutrition, antenatal visits, safe delivery, breastfeeding support, immunisation and growth assessment.
- Urgent maternal or infant symptoms require prompt clinical assessment.

Activity Procedure

1. Map services

Create a locally relevant care pathway from antenatal registration to child follow-up.

2. Role play

Explain appointment attendance, prescribed supplements and the referral process in plain language.

3. Identify barriers

Discuss transport, cost, literacy and family support without blaming the person.

4. Teach back

Check the person can explain the next step and when to seek help.

Record and Observations

Field	Activity record
Service / life stage	_____
Barrier / support	_____
Referral / follow-up	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use teaching models and respect privacy.
- Do not practise invasive procedures during these role plays.

Viva Questions and Answers

1. Why use plain language?

It helps the learner understand and act on the advice.

2. Why use teach-back?

It checks understanding through the learner's explanation or demonstration.

3. What should be recorded?

Observed performance, agreed actions and any referral concern.

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