# Community Assessment of Nausea and Vomiting

Experiment 15 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

## Aim

To assess a fictional nausea and vomiting presentation and decide an appropriate advice/referral pathway.

## Principle

Minor-ailment assessment begins with history and red-flag screening; suitability for pharmacy management is determined by the authorised local protocol.

## Key Points

- Ask about duration, frequency, fluids retained, pregnancy possibility and medicines.
- Small frequent fluids and an appropriate rehydration plan may be useful when suitable.
- Refer for blood, severe abdominal pain, marked dehydration, altered consciousness or persistent inability to retain fluids.

## Practice Scenario

Fictional role play: the instructor provides age, duration and symptoms. The student asks for missing information and records a decision.

## Activity Procedure

### 1. History

Use open questions, then clarify duration, severity and associated symptoms.

### 2. Screen risk

Check age, pregnancy, allergies, comorbidities and current medicines.

### 3. Decide

State whether referral is needed before considering any product.

### 4. Counsel

Explain appropriate self-care and any pharmacist-confirmed product directions.

### 5. Safety net

State the review interval and symptoms that require earlier help.

## Record and Observations

| | |
|---|---|
| **History / symptoms** | _____ |
| Patient factors / medicines | _____ |
| Red flags / decision | _____ |
| Advice / review | _____ |

## Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

## Precautions

- Do not assume a diagnosis from the complaint title.
- Use the qualified pharmacist's current protocol for product selection.

## Viva Questions and Answers

### 1. What comes before product selection?

Assessment of the complaint, patient factors and referral signs.

### 2. Why consider current medicines?

They may cause symptoms or interact with a proposed product.

### 3. What is safety-net advice?

Clear instructions about review and when to seek earlier help.

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