

Demonstration of Eye Drops

Experiment 25 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To demonstrate the correct use of a eye drops with a dummy product or trainer.

Principle

Correct drop application delivers medicine while limiting contamination of the tip.

Key Points

- Check the eye, product and directions.
- Avoid contact between dropper tip and the eye, fingers or other surfaces.
- Different drops and contact-lens use require product-specific instructions.

Activity Procedure

1. Prepare

Use hand hygiene and a dummy bottle; check the label.

2. Position

Demonstrate gently drawing down the lower eyelid on a model to form a pocket.

3. Apply

Show placement of the authorised drop into the pocket without touching the tip.

4. Finish

Gently close the eye and demonstrate tear-duct pressure when instructed; follow the product's spacing and storage advice.

Community Pharmacy and Management

Record and Observations

Product / trainer model	_____
Preparation check	_____
Observed technique / correction	_____
Teach-back / storage	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use dummy products or a designated trainer.
- Follow the specific manufacturer instructions and stop if the demonstration causes discomfort.

Viva Questions and Answers**1. Why identify the exact product?**

Preparation and use can differ between devices and formulations.

2. Why use a trainer?

It allows technique assessment without medicine administration.

3. What confirms understanding?

The learner correctly demonstrates and explains the steps.

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