Demonstration of Eye Drops

Experiment 25 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To demonstrate the correct use of a eye drops with a dummy product or trainer.

Principle

Correct drop application delivers medicine while limiting contamination of the tip.

Key Points

- Check the eye, product and directions.
- Avoid contact between dropper tip and the eye, fingers or other surfaces.
- Different drops and contact-lens use require product-specific instructions.

Activity Procedure

1. Prepare

Use hand hygiene and a dummy bottle; check the label.

2. Position

Demonstrate gently drawing down the lower eyelid on a model to form a pocket.

3. Apply

Show placement of the authorised drop into the pocket without touching the tip.

4. Finish

Gently close the eye and demonstrate tear-duct pressure when instructed; follow the product's spacing and storage advice.

Record and Observations

Product / trainer model	_____
Preparation check	_____
Observed technique / correction	_____
Teach-back / storage	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use dummy products or a designated trainer.
- Follow the specific manufacturer instructions and stop if the demonstration causes discomfort.

Viva Questions and Answers

1. Why identify the exact product?

Preparation and use can differ between devices and formulations.

2. Why use a trainer?

It allows technique assessment without medicine administration.

3. What confirms understanding?

The learner correctly demonstrates and explains the steps.

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