

Demonstration of Nasal Drops

Experiment 27 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To demonstrate the correct use of a nasal drops with a dummy product or trainer.

Principle

Nasal delivery uses the product-specified position and dose while avoiding contamination.

Key Points

- Distinguish drops from a metered spray.
- Prolonged use of some decongestants can worsen congestion.
- Check age restrictions and the labelled use period.

Activity Procedure

1. Prepare

Read the authorised directions and gently clear the nose when appropriate.

2. Position

Use the product's advised head position on a model.

3. Apply

Demonstrate the specified drops without touching the tip to the nostril.

4. Finish

Maintain the advised position, recap and follow cleaning/storage instructions.

Community Pharmacy and Management

Record and Observations

Product / trainer model	_____
Preparation check	_____
Observed technique / correction	_____
Teach-back / storage	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use dummy products or a designated trainer.
- Follow the specific manufacturer instructions and stop if the demonstration causes discomfort.

Viva Questions and Answers**1. Why identify the exact product?**

Preparation and use can differ between devices and formulations.

2. Why use a trainer?

It allows technique assessment without medicine administration.

3. What confirms understanding?

The learner correctly demonstrates and explains the steps.

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