Preparation of Five Dispensing Labels

Experiment 3 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To draft clear labels from five complete fictional orders.

Principle

A dispensing label translates the authorised order into clear patient instructions without inventing or changing the prescription.

Five Fictional Label Orders

Product	Supplied order for the exercise	Product check
Metformin tablet	Take one prescribed-strength tablet with the evening meal each day.	Confirm strength and formulation.
Amoxicillin oral suspension	Give the authorised 5 mL dose three times daily for the stated 5-day course.	Confirm concentration, allergy, storage and use period from product.
Clotrimazole cream	Apply a thin layer to the specified skin area twice daily for the stated course.	External route and product leaflet.
Methotrexate tablets for RA	Take the authorised total tablet dose once weekly on Monday.	Verify total mg, tablet strength/count and weekly day; never infer them.
Prescribed inhaled corticosteroid	Use the authorised inhaler doses at the specified frequency.	Device instructions; mouth-rinsing advice where specified.

Key Points

- Include the fictional patient, medicine, strength, form, directions, date and dispensing details.
- Add route, storage, use period and cautions appropriate to the exact product.
- Use plain language instead of ambiguous abbreviations.
- Orders below are label-writing data only, not treatment recommendations.

Activity Procedure

1. Verify

Check the order and product before writing directions.

2. Draft

Write one label for each fictional order using the supplied directions.

3. Check

Compare the label back to the order, including units and frequency.

4. Explain

Role-play the instructions and ask for teach-back.

Record and Observations

Case	Student label / checks
1	_____
2	_____
3	_____
4	_____
5	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Viva Questions and Answers

1. Why avoid abbreviations?

They may be misread by patients.

2. Why label the route?

It reduces administration errors.

3. Can a label correct an unclear order by guessing?

No; clarify the order first.

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