

Demonstration of Enema Trainer

Experiment 32 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To demonstrate the correct use of a enema trainer with a dummy product or trainer.

Principle

Rectal products have product-specific indications, technique and precautions.

Key Points

- Confirm the ordered product and patient suitability.
- Use a mannequin; rectal administration is not practised on classmates.
- Pain, bleeding or obstruction concerns require assessment.

Activity Procedure

1. Prepare

Read the leaflet and demonstrate privacy, positioning and hand hygiene on the trainer.

2. Set up

Check the prescribed quantity and product-specific nozzle preparation.

3. Simulate

Use the mannequin following the product instructions without force.

4. Finish

Explain the product's retention/evacuation advice, disposal and symptoms requiring help.

Community Pharmacy and Management

Record and Observations

Product / trainer model	_____
Preparation check	_____
Observed technique / correction	_____
Teach-back / storage	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use dummy products or a designated trainer.
- Follow the specific manufacturer instructions and stop if the demonstration causes discomfort.

Viva Questions and Answers**1. Why identify the exact product?**

Preparation and use can differ between devices and formulations.

2. Why use a trainer?

It allows technique assessment without medicine administration.

3. What confirms understanding?

The learner correctly demonstrates and explains the steps.

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