Demonstration of Suppository Trainer

Experiment 33 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To demonstrate the correct use of a suppository trainer with a dummy product or trainer.

Principle

A suppository uses the product-specific rectal route and dissolving or melting behaviour.

Key Points

- Confirm medicine, route and dose; rectal and vaginal products are not interchangeable.
- Use a dummy product and mannequin.
- Do not change product form or dose without confirmation.

Activity Procedure

1. Prepare

Check the leaflet and demonstrate hygiene and suitable positioning.

2. Unwrap

Remove packaging and use lubricant only as the product allows.

3. Simulate

Demonstrate gentle placement on the mannequin according to the approved teaching method.

4. Finish

Explain prescribed after-use advice, storage and when to seek help.

Record and Observations

Product / trainer model	_____
Preparation check	_____
Observed technique / correction	_____
Teach-back / storage	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use dummy products or a designated trainer.
- Follow the specific manufacturer instructions and stop if the demonstration causes discomfort.

Viva Questions and Answers

1. Why identify the exact product?

Preparation and use can differ between devices and formulations.

2. Why use a trainer?

It allows technique assessment without medicine administration.

3. What confirms understanding?

The learner correctly demonstrates and explains the steps.

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