Identification and Application of Bandages

Experiment 5 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To identify dressing materials and apply a simple training bandage.

Principle

A dressing contacts or protects a wound; a bandage holds material or supports a region. Sterility, absorbency, elasticity and pressure requirements differ.

Key Points

- Compare sterile gauze, cotton padding, roller and crepe bandages.
- Do not place loose cotton fibres directly into a wound bed.
- Avoid tight circumferential pressure unless a qualified protocol specifically requires it.

Activity Procedure

1. Identify

Read packaging, sterility, size and intended use.

2. Prepare

Use a mannequin limb and an instructor-assigned dummy dressing.

3. Apply

Secure with the demonstrated even-overlap technique without excessive tension.

4. Check

Assess trainer circulation/comfort checkpoints and explain real-life warning signs.

5. Remove

Demonstrate clean removal, waste handling and record the result.

Record and Observations

Material / sterile status	_____
Application purpose	_____
Overlap / fixation	_____
Pressure / comfort checks	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Viva Questions and Answers

1. Is every bandage sterile?

No; check its intended role and packaging.

2. Why avoid excess tension?

It can impair circulation or cause pressure injury.

3. What symptoms need review?

Increasing pain, numbness, colour change, swelling or other deterioration.

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