

Wound Dressing - Two Simulated Cases

Experiment 8 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To demonstrate a clean dressing workflow and identify a wound requiring clinical review.

Principle

Wound assessment includes cause, size, contamination, surrounding skin, pain, bleeding and infection concerns. Dressing choice follows the clinical plan.

Two Fictional Cases

Case	Scenario	Demonstration / decision
1	Small superficial abrasion, bleeding controlled, no concerning symptoms.	Model cleaning and the teacher-selected protective dressing; document review advice.
2	Recent surgical wound with increasing redness/pain and fever.	Identify prompt medical review; demonstrate only the instructed model dressing while preserving the assessment record.

Key Points

- Use a wound model and a prescribed dressing for the activity.
- Perform hand hygiene and protect the clean/aseptic work field.
- Do not debride or treat an infected wound independently.

Activity Procedure

1. Assess

Read the fictional case and identify bleeding, infection or other referral concerns.

2. Prepare

Check the dressing plan, materials, privacy and PPE.

3. Demonstrate

On a model, follow the approved cleaning and non-touch dressing technique.

4. Secure

Apply the instructed fixation without excessive pressure.

5. Record

Document findings, dressing used, review plan and warning signs.

Record and Observations

Case	Assessment / dressing / review
1 - clean superficial abrasion	_____
2 - postoperative wound with redness, pain and fever	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Viva Questions and Answers

1. Why assess before dressing?

The findings determine urgency and the suitable plan.

2. Why use non-touch technique?

It helps avoid contaminating key clean/sterile surfaces.

3. What is the action in the febrile postoperative case?

Prompt clinical review for possible infection rather than routine redressing alone.

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