First Hope

COMPLETE NOTES

Click here to visit our website

PHARMACY PRACTICAL NOTES

Complete subject and semesters are available on FirstHope app only.

Scan or click here

Click here to get the app >

Available on Google Play

JOIN THE FIRSTHOPE COMMUNITY

Join our Telegram channel

Click here to join Telegram >

Scan or click here

@FirstHopeNotes

Instagram

@firsthope.official

Click here to follow >

YouTube channel

FirstHope-Pharmacy / Live streams

Click here to watch >

WhatsApp channel

Follow FirstHope on WhatsApp

Click here to join >

FirstHope website

firsthope.co.in

Click here to visit >

B.Pharm / D.Pharm / M.Pharm / Pharm.D

Complete subjects and semesters are available in the FirstHope app.

Pharmaceutical Care Plan - Type 2 Diabetes

Practical 14 - Clinical pharmacy case practical

Aim

To prepare a prioritised pharmaceutical care plan for the assigned fictional disease case.

Principle

A pharmaceutical care plan links patient information to medicine-related problems, agreed goals, evidence-based actions and measurable follow-up. Urgent triage precedes routine optimisation.

Materials and Requirements

- Fictional or approved de-identified case, medicine chart and laboratory record
- Current local policy, relevant product information and clinical guidance
- Pharmaceutical-care and communication worksheet
- Approved method or teaching-data pack and a dated record sheet

Procedure

1. Define the preparation or dataset, study question and method version. Record identities, units and the criteria to be used before examining the outcome.
2. Identify the question, patient-specific information and missing data. Use the supplied fictional record; do not create a prescription or administer a preparation.
3. Summarise symptoms, diagnoses, medicines, allergies, laboratory trends, adherence and the person goals.
4. Identify safety, effectiveness, untreated-need and access problems and rank them by urgency.
5. For each problem specify the objective, evidence, proposed action, clinician responsibility and reassessment time.
6. Present the case clearly and record which changes require authorised review rather than prescribing from the exercise.
7. Document the assessment, evidence, proposed action, responsible clinician and follow-up. Separate a student recommendation from an authorised treatment decision.
8. Retain the original observations and calculations. State deviations, missing information and the limits of the conclusion; do not replace measured values with expected results.

Observations and Record

Enter actual measurements or the supplied teaching data. Record the method, material identity, conditions and units.

Problem / evidence	Goal / priority	Proposed action / owner	Monitoring / follow-up
Assessment needs	Identify urgency and information gaps	Confirm the personalised target, symptoms, hypoglycaemia history, kidney trend, cardiovascular risk and current medicines.	Document clinical review

Problem / evidence	Goal / priority	Proposed action / owner	Monitoring / follow-up
Medicine-related care	Agree an individualised clinical goal	Discuss product- and indication-specific medicine suitability, adherence and lifestyle support with the team.	Authorised team review
Continuity and response	Measure the agreed response	Document plan and responsible clinician	Monitor agreed glycaemic measures, hypoglycaemia, kidney function, weight and complications screening.

Worked Example

Fictional case: A 55-year-old with type 2 diabetes has HbA1c 8.4% and eGFR 45 mL/min/1.73 m^2.

Assigned care priorities

• Confirm the personalised target, symptoms, hypoglycaemia history, kidney trend, cardiovascular risk and current medicines.
• Discuss product- and indication-specific medicine suitability, adherence and lifestyle support with the team.
• Monitor agreed glycaemic measures, hypoglycaemia, kidney function, weight and complications screening.

Result and Interpretation

• Deliver a complete problem-goal-action-monitoring table and explain the rationale and uncertainty for each priority.

Precautions

• Protect confidentiality and use actual units and timing.
• Check allergy, indication, organ function, interactions and the complete medicine list.
• Urgent clinical findings need timely clinical assessment; teaching notes do not replace care.

Viva Questions and Answers

What makes a goal measurable?

A defined clinical or patient-reported endpoint and review time.

Why include patient priorities?

A feasible plan must reflect the person needs and preferences.

Why distinguish proposals from orders?

Treatment changes require the responsible authorised clinical decision.

First Hope

COMPLETE NOTES

Click here to visit our website

PHARMACY PRACTICAL NOTES

Complete subject and semesters are available on FirstHope app only.

Scan or click here

Click here to get the app >

Available on Google Play

JOIN THE FIRSTHOPE COMMUNITY

Join our Telegram channel

Click here to join Telegram >

Scan or click here

@FirstHopeNotes

Instagram

@firsthope.official

Click here to follow >

YouTube channel

FirstHope-Pharmacy / Live streams

Click here to watch >

WhatsApp channel

Follow FirstHope on WhatsApp

Click here to join >

FirstHope website

firsthope.co.in

Click here to visit >

B.Pharm / D.Pharm / M.Pharm / Pharm.D

Complete subjects and semesters are available in the FirstHope app.