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Ayurvedic Siddha Homoeopathic and Unani Formulary Records

Practical 11 - Formulary and quality-record practical

Aim

To prepare separate formulary and standardisation records for Ayurvedic, Siddha, Homoeopathic and Unani examples.

Principle

Each system has distinct official terminology, formulation instructions and quality standards. Manufacturing or identity compliance does not by itself establish clinical efficacy.

Materials and Requirements

- Selected current official pharmacopoeia/formulary entries
- Authenticated ingredient and controlled manufacturing records
- System-specific finished-product test and label templates
- Approved method or teaching-data pack and a dated record sheet

Procedure

1. Define the preparation or dataset, study question and method version. Record identities, units and the criteria to be used before examining the outcome.
2. Select one authorised example from each system and copy only the essential identity, ingredient and process requirements into a training record.
3. Map raw-material authentication, quantities, process controls and finished-product attributes separately for all four examples.
4. Review the supplied preparation records and specifications, including dilution or potency notation where relevant.
5. Prepare a comparative quality and labelling matrix, distinguishing official preparation rules from claims needing clinical evidence.
6. Retain the original observations and calculations. State deviations, missing information and the limits of the conclusion; do not replace measured values with expected results.

Observations and Record

Enter actual measurements or the supplied teaching data. Record the method, material identity, conditions and units.

System	Official entry / form	Identity / process controls	Finished-quality evidence
Ayurveda	Select current entry	Record	Assess
Siddha	Select current entry	Record	Assess
Homoeopathy	Select current entry	Record	Assess
Unani	Select current entry	Record	Assess

Calculations

• For serial dilution accounting only: overall dilution fraction is the product of the stage dilution fractions.

Worked Example

Illustrative three sequential 1:10 dilutions give a nominal dilution fraction of 10^-3. This bookkeeping does not establish clinical efficacy or the actual content of an unmeasured preparation.

Result and Interpretation

• Deliver four clearly separated records and identify the applicable standards and missing evidence.

Precautions

• Do not substitute one system terminology for another.
• Do not prepare metal/mineral or hazardous botanical products outside an approved specialist facility.
• Keep teaching formulations out of clinical use.

Viva Questions and Answers

Why use separate records?

The systems have different preparation and quality conventions.

Does formulary compliance prove efficacy?

Clinical evidence is a separate requirement.

Why authenticate every ingredient?

Misidentification undermines both quality and safety.

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