First Hope

PRACTICAL NOTES

Click here to visit our website

FIRSTHOPE / MBBS

MBBS Practical Notes

From first-year laboratory work to final-year clinical stations.

FIRST YEAR / SECOND YEAR / THIRD YEAR / FINAL YEAR

Get the FirstHope app

Explore study resources in the app.

Click here to get the app >

Scan or click here

FirstHope MBBS

firsthope.co.in/mbbs/

Click here to explore MBBS >

Family Adoption Programme First Visit

Practical 04 / Supervised community practical

Aim

Create a de-identified household profile and agree a follow-up priority with the family.

Principle

A community visit starts with rapport, consent and identifying family priorities. Household context can reveal practical barriers to prevention and access.

Materials and Requirements

- College-approved family visit form
- Supervisor and local referral information
- De-identified example household

Procedure

1. Explain the programme and voluntary nature of the visit in the preferred language.
2. Review the visit purpose, supervisor contact and scope of questions before arrival. Ask the family where and when a private conversation would work for them.
3. Record household composition, relevant health concerns and access to water, sanitation and care without collecting unnecessary identifiers.
4. Use an approved household code and separate consent from the survey fields. Ask about ages, access to nearby services and reported barriers using neutral language.
5. Confirm key statements with the respondent. Mark unanswered fields as unknown and label any estimated value with its source.
6. Select one priority with the family and identify a feasible action or referral through the supervisor.
7. Discuss which need the family wishes to address first. Match a feasible action to the approved health service and document consent for any contact or referral.
8. Agree an appropriate follow-up and record referral status and an anonymised reflection.
9. Agree a follow-up date and safe contact route. At the next review record what was attempted, any barrier and whether the action was completed, pending or declined.

Precautions

- Protect identities in any shared coursework.
- Provide education and referrals only within the assigned supervision.

Observations and Interpretation

Family Adoption Programme First Visit

Observations and Record

Item	What to record	What it tells you
Household summary	Age groups, resource context and consent	Provides a baseline
Priority	Concern named by the family	Makes follow-up relevant
Action	Agreed next step and intended review	Enables continuity

Worked Example

A fictional household reports missed immunisation visits due to travel barriers. Confirm eligibility through the health team and record the agreed help with access.

Result and Interpretation

Submit a dated anonymous baseline with one specific follow-up measure.

Viva Questions and Answers

Why ask who sets the priority?

The family's perspective makes the action relevant and feasible.

What makes the follow-up measurable?

A clear action, responsible person and review date.

First Hope

PRACTICAL NOTES

Click here to visit our website

FIRSTHOPE / MBBS

MBBS Practical Notes

From first-year laboratory work to final-year clinical stations.

FIRST YEAR / SECOND YEAR / THIRD YEAR / FINAL YEAR

Get the FirstHope app

Explore study resources in the app.

Click here to get the app >

Scan or click here

FirstHope MBBS

firsthope.co.in/mbbs/

Click here to explore MBBS >