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Paediatric and Maternal Posting First Encounter

Practical 03 / Communication role-play

Aim

Record introductory child and antenatal histories using supervised teaching case cards.

Principle

Age and life stage define the relevant measurements. Involvement of a caregiver and respect for the patient's voice improve the quality of the history.

Materials and Requirements

- Fictional child growth and antenatal cards
- Standardised caregiver or patient
- Confidential encounter forms

Procedure

1. For the child confirm exact age and the caregiver's concern. Review growth, feeding, development and immunisation documentation.
2. Record date of birth or estimated age source, who supplied the history and any caregiver concerns. Check the child record for dated measurements, growth trajectory and vaccine entries.
3. Ask the caregiver about recent intake and symptoms and record age-specific observations with units. Perform only the checks agreed by the supervising clinician.

Continue with step 4 on the next page.

Procedure Continued

Paediatric and Maternal Posting First Encounter

4. For the antenatal case check gestational dating basis, previous pregnancies and relevant symptoms.
5. For the antenatal record verify the reliable dating basis, gestation in weeks and days, gravidity and previous pregnancy outcomes. Review eligibility for antenatal checks and current symptoms.
6. Ask for consent and report any warning symptom through the supervising pathway. Review the history with the relevant team.
7. If warning symptoms occur, report the exact finding, onset and vital observations to the appropriate paediatric or maternity team. Confirm the receiving person and urgency.
8. Present two separate case summaries using age-appropriate or pregnancy-specific observations.
9. Document child and maternal cases on separate forms. Include date, reporter, verified entries, indicated follow-up and any result requiring confirmation.

Precautions

- Avoid unsupported dosing or treatment decisions.
- Use a qualified interpreter or chaperone when the supervised encounter requires one.

Observations and Interpretation

Paediatric and Maternal Posting First Encounter

Observations and Record

Item	What to record	What it tells you
Child record	Age, feeding, growth and caregiver concern	Supports a focused clinical question
Antenatal record	Dating, current concerns and prior history	Supports risk review
Supervised action	Priority, recipient and next step	Maintains continuity

Worked Example

A fictional 14-month-old has poor intake and fewer wet nappies. Describe duration, observed symptoms and need for clinical assessment before routine growth counselling.

Result and Interpretation

Submit separate concise child and maternal encounter records with one important follow-up item each.

Viva Questions and Answers

Why record exact age for children?

Interpretation of growth and milestones depends on age.

Why document the dating basis in pregnancy?

It explains how gestational age and later decisions were estimated.

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