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Pregnancy Newborn Tracking and Community Maternal Follow Up

Practical 02 / Supervised community practicum

Aim

Track pregnancy and postnatal care using a coded register and prepare a safe community transfer or follow-up.

Principle

Complete maternal and newborn records help identify missed care and support rapid referral for warning signs.

Articles and Materials

- Mock family folder, antenatal and postnatal cards
- Due-date list, referral and birth preparedness models

Procedure

1. Review the authorised area register and verify case identity, pregnancy dating and approved consent for follow-up. Check contact and access.
2. Record antenatal contacts, tests, risk indicators and delivery plan. Identify missing entries and check who will review them.
3. At the model visit ask about symptoms and check authorised observations and warning signs. Use the facility pathway for urgent maternal or fetal concern.

Continue with step 4 on the next page.

Procedure Continued

Pregnancy Newborn Tracking and Community Maternal Follow Up

4. Discuss birth preparedness, transport and whom to call and rehearse normal birth or emergency readiness through the approved simulation when assigned.
5. Link birth and postnatal entries with maternal and newborn status, feeding, warmth, vaccine or screening record and scheduled visits.
6. Teach danger signs and confirm a safe contact method and realistic next action. Include caregiver support with permission.
7. Refer through the authorised service and track outcome with the designated health worker while protecting privacy.
8. Update the case and facility records with date, responsible team and pending action.

Precautions

- Use coded or authorised data and confidential channels.
- Escalate pregnancy or newborn warning signs immediately.

Observations and Record

Pregnancy Newborn Tracking and Community Maternal Follow Up

Documentation

Item	What to record	Why it matters
Tracking	Gestation, visits and risk	Identifies missed care
Postnatal	Maternal and newborn findings	Supports early review
Continuity	Referral, worker and follow-up	Confirms linkage

Worked Example

The family reports a home visit could not occur because they moved temporarily. The student confirms an authorised contact and coordinates the next review.

Result and Evaluation

Maintain an accurate tracking record and connect the family to timely care.

Viva Questions and Answers

Why link maternal and newborn records?

It helps coordinate follow-up for both.

What belongs in a birth preparedness plan?

Intended facility, transport, contact and action for warning signs.

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