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Adult Health Internship Deterioration and Procedure Competency Review

Practical 02 / Skills laboratory

Aim

Demonstrate response to a deteriorating adult and submit traceable evidence of a selected supervised skill.

Principle

Early recognition, clearly assigned roles and objective feedback support safe care and competent practice.

Articles and Materials

- Adult case and observation trend with procedure model
- Handover sheet and faculty competence checklist

Procedure

1. Choose the approved case and confirm bedside or simulation roles, required skills and supervisor assessment criteria.
2. Review the procedure, baseline observations, identity, orders and risks. Verify equipment readiness and availability of help.
3. Start the authorised assessment or procedure with the correct safety and aseptic checks for the assigned skill.

Continue with step 4 on the next page.

Procedure Continued

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4. Recognise a simulated change in airway, breathing, perfusion, bleeding or consciousness. Stop routine activity, summon help and provide an exact observation trend.
5. Demonstrate appropriate initial actions within scope and reassess. Record the timing, response and any additional monitoring after intervention.
6. Give a clear handover including current priorities and what has been completed or deferred. Identify the clinician or nurse responsible.
7. Review performance against the checklist, correct one observed problem and repeat the affected part if appropriate.
8. Document the actual role, evidence, feedback and supervisor's verification status in the official log.

Precautions

- Obtain supervisor approval for clinical duties.
- Use the applicable current emergency pathway.

Observations and Record

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Documentation

Item	What to record	Why it matters
Baseline	Case, procedure and readiness	Guides safety
Response	Change, action, time and reassessment	Demonstrates clinical reasoning
Evidence	Role, feedback and verification	Documents development

Worked Example

During an adult procedure simulation the patient develops breathing difficulty. The intern stops, calls, reassesses and provides a clear direct report.

Result and Evaluation

Demonstrate a timely response and produce transparent competency evidence for faculty review.

Viva Questions and Answers

Why give exact times during escalation?

They show progression and the response to interventions.

How should supervised participation be recorded?

With the actual role and dated evidence for verification.

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