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Child Health Internship Family Centred Ward Care

Practical 01 / Supervised clinical practice

Aim

Plan and review a supervised child nursing shift and support the caregiver's role.

Principle

Age-specific assessment, accurate weight, safe treatment and caregiver communication protect paediatric care.

Articles and Materials

- Fictional paediatric chart or supervised placement assignment
- Growth chart, dose and fluid worksheet and care log

Procedure

1. Confirm identity, age, current measured weight, indication and relevant precautions. Review caregiver concerns and baseline feeding, development and function.
2. Assess immediate symptoms, breathing, behaviour, hydration and age-appropriate observations. Escalate danger signs and compare with the baseline.
3. Set a measurable nursing goal for the shift and prioritise authorised feeding, medication, mobility or observation tasks.
4. Verify all weight-based orders and rates with independent checks when required. Demonstrate the assigned care with appropriate equipment and caregiver involvement.
5. Record intake, output, treatment, symptoms and response. Reassess pain, alertness and vital trends at the agreed times.
6. Explain the current plan and warning signs to the caregiver and use teach-back. Verify the next review or referral.
7. Give a structured paediatric handover with age, weight, concern, trends, actions and pending review.
8. Complete the shift and supervised competency records and obtain faculty review of actual participation.

Precautions

- Check weight and order with trained staff.
- Escalate new respiratory, hydration or alertness findings promptly.

Observations and Record

Child Health Internship Family Centred Ward Care

Documentation

Item	What to record	Why it matters
Baseline	Age, weight and caregiver concern	Supports safe assessment
Care	Verified order, response and teaching	Demonstrates nursing role
Review	Handover and competency evidence	Supports continuity

Worked Example

A caregiver notices reduced activity before the next scheduled observation. The intern reassesses promptly and communicates the change with measured findings.

Result and Evaluation

Complete a supervised, age-appropriate nursing care plan and verify caregiver follow-up.

Viva Questions and Answers

Why document caregiver observations?

They can reveal a change from normal behaviour or intake.

What does a paediatric medicine handover include?

Current weight, verified order, timing, monitoring and any unexplained discrepancy.

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