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Child Health Internship Newborn or PICU Observation and Escalation

Practical 02 / Skills laboratory

Aim

Review a high-risk child or newborn case and document supervised intensive-care observation and escalation.

Principle

Precise age, device checks and time-based observations support early recognition and follow-up.

Articles and Materials

- High-risk infant or child case with equipment models
- PICU or neonatal chart and competence review card

Procedure

1. Confirm age, weight, baseline and clinical support, reviewing device labels, orders and trainee role with the supervisor.
2. Assess breathing, colour, perfusion, temperature and alertness and note the patient's usual behaviour or feeding. Identify the most urgent finding.
3. Review ordered respiratory, thermal or infusion support using the appropriate device and case-specific settings. Trace connections and document checks.
4. Demonstrate one approved model task, such as temperature probe review, airway device checks or prescribed pump verification.
5. Record a change in clinical observations or support and take the assigned model response. Summon help promptly and reassess after action.
6. Review feeding, output and comfort or family information in the case and identify the next safe action with the team.
7. Handover age, weight, symptoms, settings, actions, response and follow-up. Confirm the receiving clinician.
8. Record actual skills-lab or clinical involvement, faculty feedback and the next practice goal.

Precautions

- Use trained supervision and approved settings.
- Monitor the child's condition alongside equipment displays.

Observations and Record

Child Health Internship Newborn or PICU Observation and Escalation

Documentation

Item	What to record	Why it matters
Status	Clinical baseline, age and support	Identifies risk
Observation	Device setting, measurements and trend	Supports reassessment
Evidence	Response, reviewer and log	Documents competence

Worked Example

A high-risk newborn case develops apnoea with a falling trend. The intern activates neonatal help, follows the assigned simulated response and records time and recovery.

Result and Evaluation

Demonstrate focused intensive-care observation and escalation with traceable evidence.

Viva Questions and Answers

Why confirm age and weight before support checks?

Device selection, orders and clinical interpretation are age and size dependent.

What must be recorded after an urgent action?

Time, findings, action, response and the responsible team.

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