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Midwifery Internship Continuity of Maternal and Newborn Care

Practical 01 / Supervised clinical practice

Aim

Organise supervised maternity care across antenatal, labour and postnatal contacts and document each role accurately.

Principle

Consistent maternal and newborn observations, respectful consent and timely handover protect continuity.

Articles and Materials

- Fictional or authorised maternity assignment and linked records
- Observation charts, discharge checklist and competence log

Procedure

1. Confirm maternal and newborn identification, gestation or birth details, woman's priorities and assigned student role at each stage.
2. Review history, current observations, relevant results and required consent and check whether any maternal or newborn sign requires urgent review.
3. Complete assigned supervised antenatal assessment or labour charting and document when findings were obtained. Verify team response to any warning finding.

Continue with step 4 on the next page.

Procedure Continued

Midwifery Internship Continuity of Maternal and Newborn Care

4. Assist the authorised birth or recovery workflow, recording maternal and fetal or newborn observations separately and verifying the care plan.
5. Monitor postnatal bleeding, comfort and feeding or newborn status as assigned. Reassess after care and involve the appropriate clinician or lactation support.
6. Explain follow-up, danger signs and contact plans to the family, respecting preferences and consent.
7. Handover maternal and newborn findings, treatment or support, unresolved issues and responsible clinicians separately.
8. Document only actual participation and arrange faculty verification of procedure evidence and review needs.

Precautions

- Follow respectful care, privacy and authorised supervision.
- Escalate changes in maternal or newborn condition promptly.

Observations and Record

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Documentation

Item	What to record	Why it matters
Continuity	Stage, observations and risk	Links stages of care
Support	Nursing role, care and response	Documents safe practice
Review	Handover, follow-up and verification	Supports ongoing care

Worked Example

A mother and newborn need different follow-up appointments. The intern confirms the two plans, checks understanding and records the responsible teams separately.

Result and Evaluation

Complete a linked supervised maternity care record and appropriate follow-up.

Viva Questions and Answers

Why record maternal and newborn findings separately?

They describe distinct patients and actions, even when coordinated.

What belongs in the clinical log?

Dated evidence, the actual role, supervisor feedback and verification.

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