

Discharge Case Presentation and Counselling

Experiment 5 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To present an allocated completed case and review the discharge medicine plan.

Principle

A discharge presentation explains the clinical course and pharmacy contribution. A reconciled plan and patient understanding support continuity of care.

Requirements

- Allocated clinical notes or fictional case, current approved medicine information and local clinical policy.
- Case-record form, calculator where needed and supervising pharmacist.

Procedure

1. Prepare the case

Use the allocated clinical record or a fictional teaching case. Record a case code, setting and date; exclude names and personal identifiers.

2. Assess the required information

Confirm admission-to-discharge medicine changes; discharge orders and intended durations; follow-up appointment/monitoring; patient understanding and practical barriers. Note missing information explicitly.

3. Develop the pharmacy assessment

Present the initial problem, major findings, treatment course, pharmacy issues and outcome. Compare pre-admission, inpatient and discharge lists. Explain the authorised discharge medicines in plain language and ask the patient to explain the plan back. Document unresolved discrepancies and the follow-up owner.

4. Discuss and document

Present the assessment to the supervising pharmacist or treating team. Record the accepted action, responsible person and intended follow-up.

5. Evaluate the outcome

Review the agreed clinical or process endpoint. Record what changed, what remained unresolved and the next step.

Pharmacotherapeutics II

Observations and Record

Record component	Student entry
Coded case and date	_____
Presenting problem and diagnosis	_____
Allergies / previous medicines	_____
Relevant clinical and laboratory findings	_____
Pharmacy problem and priority	_____
Proposed plan and monitoring	_____
Supervisor decision and follow-up	_____

Result

Assessment: _____. Proposed action: _____. Supervisor decision: _____. Follow-up outcome: _____.

Precautions

- Use the treating team and current patient-specific information for all actual medicine decisions.
- Maintain confidentiality and confirm allergy, medicine and timing information.
- Do not invent patient observations, acceptance of an intervention or follow-up outcomes.

Viva Questions and Answers**1. Why reconcile at discharge?**

Intentional changes must be distinguished from unintended omissions or duplications.

2. What is teach-back?

Asking the patient to explain the plan in their own words so the explanation can be improved if needed.

Pharmacotherapeutics II**Disease-area Checklist**

Area	Topics	Assessment focus
Infectious diseases	Rational antimicrobial use and surgical prophylaxis; TB, meningitis, respiratory/GI infections, endocarditis, sepsis, UTI, malaria, HIV/opportunistic infections, fungal/viral infections, gonorrhoea and syphilis.	Indication, microbiology evidence, source/site, allergy, renal/hepatic function, duration and review plan.
Musculoskeletal	Rheumatoid arthritis, osteoarthritis, gout, spondylitis and systemic lupus erythematosus.	Symptoms/function, comorbidities, medicine risks and required safety monitoring.
Renal	Acute/chronic kidney failure, dialysis and drug-induced renal disorders.	Renal trend, urine/volume context, dialysis schedule and medicine-review needs.
Oncology	Cancer-treatment principles, breast cancer, leukaemia and chemotherapy-related nausea/emesis.	Regimen documentation, protocol checks, supportive care, interactions and urgent toxicity escalation.
Dermatology	Psoriasis, scabies, eczema and impetigo.	Diagnosis/site, topical application technique, adherence and review of response.

Continue Learning with FirstHope

Complete Notes on the FirstHope App

Complete subject and semesters are available on FirstHope app only.

- Get complete subject and semester notes in the FirstHope app.
- Available for B.Pharm, D.Pharm, M.Pharm and Pharm.D students.

[Click here to get the FirstHope app](#)

Join the FirstHope Telegram Channel

Join FirstHope Notes and keep up with channel updates.

[Click here to join Telegram](#)

Instagram

@firsthope.official

[Click here to follow Instagram](#)

YouTube Channel

FirstHope-Pharmacy / Live streams

[Click here to watch the YouTube channel](#)

WhatsApp Channel

Follow FirstHope on WhatsApp.

[Click here to join the WhatsApp channel](#)

FirstHope Website

firsthopenotes.com

[Click here to visit the website](#)